

BOOK REVIEW

Essentials of Chronic Kidney Disease

Editors: Stephen Z. Fadem (Kidney Associates, PLLC, St. Lukes Medical Towers, Houston, TX, USA)

The initial and most poignant observation in reviewing this book is that Dr. Stephen Fadem believed that there continues to be a place for textbooks in the ongoing education of the physician. How many caregivers turn to a textbook for information or even read one when there is time to do so? Fortunately, he believed it sufficiently to develop one such as this. The remarkable amalgamation of authors of the various sections, both those who have witnessed the evolution of science and care and those new to the field makes this a unique contribution. It should be in the library of all who are faced daily with the difficult, complicated but rewarding experience of caring for those with chronic kidney disease.

Textbooks are meant to be foundational and cannot answer science that emerged just yesterday. But the reality is that well over 90% of care is based on lasting and tested models, algorithms and guidelines of care. This text offers that foundation.

From definitions to pre-emptive transplantation, the 38 chapters are packed with insights and information. I am particularly impressed with chapters on specific issues such as APOLI kidney disease and staff assisted dialysis, to demonstrate the diversity of topics. But also timely topics as they relate to integrated care, such as transitions of care and how to initiate care in the elderly. This is the single best go to - how to textbook available.

All to say, I highly recommend this book to *all* who are involved in the care of patients with chronic kidney disease.

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